



Orders and Info by calling:

1.828.251.1820 or 1.828.658.1390

Email: info@m7catering.com Online at: www.M7Catering.com

Full Buffets – Lunch or Dinner

Chicken Marsala \$12

A six-ounce Boneless breast of Chicken sautéed in Butter with Shallots, Shitake Mushrooms, Lemon, and Marsala Wine. Served with Rice, Salad, Rolls and Butter and Cookies

Chicken Provencal \$12

A 6oz Boneless Chicken Breast marinated in white wine, lemon zest and fresh rosemary, char grilled and served with a rich blend of roasted tomatoes, Kalamata olives, garlic, and fresh basil. We finish it all off with grated Parmesan cheese, balsamic glaze and fresh chopped parsley. Served with Rice, Salad, Rolls and Butter and Cookies

Sage and Cornbread Stuffed Chicken \$12

A Boneless Breast of Chicken stuffed with Cornbread Sage and Onion Dressing, baked, and served with Sage Chicken Gravy. Served with Rice, Salad, Rolls and Butter and Cookies.

Mexican Bar \$12

Fried Flour Tortilla Shells with Black Bean Chili Con Carne, Lettuce, Grated Cheese, Tomatoes, Onions, Jalapenos and Red Headed Hot Sauce with Corn Tortilla Chips, Red Salsa and Sour Cream and Fresh Fruit Salad

Country Roast Beef \$12

Sliced Roast Beef presented with Julienned Carrots, Celery, Peppers, and Onions and topped with a rich Beef Gravy. Served with Mashed Potatoes, Rolls, and Butter.

Braised Beef Brisket \$13

Carefully Seared then slowly Braised until tender. Served Sliced with Its' own Gravy, Mashed Potatoes, Salad, Rolls and Butter

Shitake Dusted Pork Loin Roast \$13

A fresh pork loin rack seasoned with salt, pepper, garlic and Shitake Mushroom Dust, slow roasted and served in its' own juices with Roasted Shallot Marmalade. Served with Roasted Potatoes, Salad, Rolls, and Butter.

Trout Cakes \$13

Two 3-ounce hands formed Rainbow Trout Cakes dredged in Seasoned Bread Crumbs and served with Roasted Red Pepper Tartar Sauce, Rice, Salad, Rolls, and Butter.

Eggplant Parmesan \$12

Carefully assembled individual stacks of lightly fried eggplant rounds, fresh mozzarella cheese, vine ripened tomatoes and fresh basil leaves laced with Pomodoro sauce and grated parmesan cheese, served with Salad, Spaghetti Noodles and Garlic Bread.

Roasted Vegetable Beggar's Purse \$14

Roasted Root Vegetables including Yams, Sunchokes, Onions and Carrots, tossed with Dried Fruit, Cheese and Spiced Walnuts, wrapped in a Filo Pastry "Purse" and baked to golden perfection. Served with Raita, Chutney, Salad, Rice, Rolls, and Butter.